

Use a health care FSA to pay for many health care treatments and services.

A health care flexible spending account (FSA) can be used to pay for many covered health care services. These include:

- Acupuncture
- Ambulance
- Artificial limbs
- Artificial teeth
- Blood sugar test kits for diabetics
- Breast pumps and lactation supplies
- Chiropractor
- Contact lenses and solutions
- Crutches
- Dental treatments including X-rays, cleanings, fillings, braces, and tooth removals
- Doctor's office visits and procedures
- Drug addiction treatment
- Drug prescriptions
- Eyeglasses and vision exams
- Fertility treatment
- Hearing aids and batteries
- Hospital services
- Inpatient alcoholism treatment
- Insulin
- Laboratory fees
- Laser eye surgery
- Over-the-counter medicines and drugs if prescribed by a doctor (see more information below)
- Physical therapy
- Psychiatric care if the expense is for mental healthcare provided by a psychiatrist, psychologist or other licensed professional
- Special education services, recommended by a doctor, for learning disabilities
- Speech therapy
- Stop-smoking programs (including nicotine gum or patches, if prescribed)
- Surgery, excluding cosmetic surgery
- Vasectomy
- Walker
- Weight-loss program if it is a treatment for a specific disease diagnosed by a physician
- Wheelchair

Over-the-counter (OTC) medicines and drugs

- Acid controllers
- Acne medicine
- Aids for indigestion
- Allergy and sinus medicine
- Antidiarrheal medicine
- Baby rash ointment
- Cold and flu medicine
- Eye drops
- Feminine antifungal or anti-itch products
- Hemorrhoid treatment
- Laxatives or stool softeners
- Lice treatments
- Motion sickness medicines
- Nasal sprays or drops
- Ointments for cuts, burns or rashes
- Pain relievers, such as aspirin or ibuprofen
- Sleep aids
- Stomach remedies

*THIS IS NOT A COMPLETE LIST

Over-the-counter Supplies

- Bandages, adhesive or elastic
- Braces and supports
- Catheters
- Condoms
- Contact lens solution and supplies
- Crutches
- Dentures and denture adhesives
- Diagnostic tests and monitors (such as blood glucose monitors)
- Elastic wraps
- First-aid supplies
- Insulin
- Feminine hygiene and Menstrual supplies
- Ostomy products
- Pregnancy tests
- Reading glasses
- Walkers, wheelchairs and canes

You CANNOT use an FSA to buy the following health care services and items

Here are some common services and expenses that are **NOT** eligible for FSA reimbursement:

- X Aromatherapy
- X Baby bottles and cups
- X Baby oil
- X Baby wipes
- X Breast enhancements
- X Cosmetics
- X Cotton swabs
- X Dental floss
- X Deodorants
- X Hair regrowth
- X Low-calorie foods
- X Mouthwash
- X Petroleum jelly
- X Shampoo and conditioner
- X Skin care
- X Spa salts
- X Sun-tanning products
- X Toothbrushes



For more information

For a FULL listing of eligible items visit the FSA store at www.fsastore.com and click on “tools” to he find the eligibility list.