

Mail to:  
 CBA Blue  
 P.O Box 2365  
 South Burlington, VT 05407-2365



## Fitness, Health & Wellness Form

\*Please refer to your Summary Plan Description (SPD) for specific details on your Fitness/Health or Wellness Plan. The below information and examples are **NOT** inclusive, and do **NOT** encompass all information and plan specific requirements for reimbursement. Some plans may require the completion of several classes or months of paid membership prior to reimbursement.

This claim form must be accompanied by a copy of an itemized bill on provider letterhead to be eligible for plan reimbursement. You must complete each of the sections below.

SECTION I: EMPLOYEE INFORMATION		
NAME	SEX MALE      FEMALE	DATE OF BIRTH
STREET ADDRESS	HOME PHONE NO.	
CITY, STATE, ZIP CODE	MEMBER IDENTIFICATION NUMBER	

SECTION II: CLAIMANT INFORMATION				
NAME	DATE OF BIRTH	SEX MALE      FEMALE	RELATION SELF   SPOUSE   DOMESTIC PARTNER	
STREET ADDRESS	HOME PHONE NO.			
CITY, STATE, ZIP CODE	SOCIAL SECURITY NO.			

### SECTION III: BENEFIT TYPE (Refer to the Summary Plan Description or Reverse of Page for Coverage Details)

**Fitness** - Health club membership fees, fitness classes, personal training with professional instructor, qualified sport teams and leagues

**Weight loss** – Weight loss programs such as Weight Watchers, Jenny Craig, hospital-based programs, Employer sponsored programs

**Health & Wellness** – Weight loss programs, health clubs, massage therapy, hypnotherapy, smoking cessation, Employer sponsored programs

**Fitness & Weight Loss** - Health club membership fees, fitness classes, personal training with professional instructor, qualified sport teams and leagues  
 Weight loss programs such as Weight Watchers, Jenny Craig, hospital-based programs, Employer sponsored programs

To be eligible for reimbursement the covered person must file a claim and a paid receipt/itemized statement from the rendering provider no later than March 31st after the year for which the covered person is claiming their benefit.

### Members Statement

I certify that the above is complete and correct and that I am claiming benefits only for charges incurred by the patient above. Authorization is hereby given to any hospital, physician, or other provider which participated in any way in my care and treatment to release to CBA Blue any information which they in their judgment deem necessary to the adjudication of this claim.

Member Name (please print) \_\_\_\_\_

Member Signature \_\_\_\_\_ Date \_\_\_\_\_